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Coping Cat to treat Anxiety in Children and Adolescents ~~Coping Cat for Childhood Anxiety~~ *Coping Cat for Childhood Anxiety Coping Cat for Childhood Anxiety (2019)*

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Child Anxiety Tales - Books and Therapist Manuals

Coping Cat is a cognitive-behavioral treatment for children with anxiety. The program incorporates 4 components: ... There are implementation guides or manuals for Coping Cat as listed below: Therapist treatment manual is available. ... with over 50% of children scoring as free from their primary disorder. Gains were maintained at the 1-year ...

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The Camp Cope-A-Lot and Child Anxiety Tales programs are based on the Coping Cat treatment, the most researched, well-established psychotherapy treatment program for anxiety in youth. It is the gold-standard treatment used in hospitals, clinics and schools around the world for children struggling with anxiety.

Child Anxiety Tales - Welcome

The Coping Cat program is a CBT manual-based and comprehensive treatment program for children from 7 to 13 years old with separation anxiety disorder, social anxiety disorder, generalized anxiety disorder, and/or related anxiety disorders. It was designed by Philip C. Kendall, PhD, ABPP, and colleagues at the Child and Adolescent Anxiety Disorders Clinic at Temple University. A related program called C.A.T. Project is aimed at adolescents aged 14 to 17. See publishers webpage The goals of the tr

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Coping Cat - Wikipedia

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Coping Cat Workbook (Child Therapy Workbooks Series ...

an ability for the therapist to act as a coping role model by describing examples of how they have coped with feelings of anxiety. an ability to use a role model or fantasy superhero that the child/young person has identified to illustrate coping with a fear. Ability to facilitate emotional recognition

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